

REINOSAN®

Instructions:

Please read these instructions carefully; they contain important information for you. This medicine can be obtained without prescription, for the treatment of mild affections for which a doctor's advice is not requested. It is still important to use Reinosan® tablets carefully in order to obtain the proper results.

- Keep these instructions, it might be necessary to refer them again
- Ask your pharmacist for more information or advice if necessary
- See a physician if the symptoms worsen or if they persist after 14 days

Content of the instructions

1. What is Reinosan® and for what purpose is it used?
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3. How are Reinosan® tablets taken?
4. Possible side effects.
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Reinosan® tablets

- The active ingredient is: the extract from the leaves of Orthosiphonis staminea (synonym: Koemis Koetjing), 350 mg per tablet.
- Other ingredients are: lactose approx. 450 mg., corn starch 84 mg., talcum powder 18 mg. and magnesium stearate 3 mg., per tablet.

Registrar:

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1. What is Reinosan® and for what purpose is it used?

Reinosan® tablets contain the active substances from the Orthosiphonis staminea leaves (Koemis Koetjing). It belongs to the group of drugs which influence the kidney functions.

Packaging: 20, 100 and 250 tablets

Reinosan® is a vegetable medicine which stimulates the urine secretion and discharge and thus regulates moisture equilibrium. It is an infection inhibitor for kidneys and the urinary tract. Reinosan® tablets can be taken in combination with other drugs without any restriction. If no improvement is observed after a certain period of time, or if the symptoms come back often, you should see a physician or ask for professional advice.

Reinosan® tablets are indicated for the treatment of:
Poor heart condition with moisture absorption in the lungs;
Abdominal dropsy;
Superficial edema;
Renal calculus;
Stones in the urinary tract;
Infection of the urinary tract and the bladder, and when a reduction of urine discharge occurs.

2. What you ought to know before using Reinosan®
If you are pregnant or breastfeeding and you want to use Reinosan® tablets, it is always advisable that you consult your physician first. Without this consultation, the use of Reinosan® for pregnant or breastfeeding women is not advised. For children under 12, it is also advised that you consult your physician first. Special attention is always appropriate, because of the diuretic effect of the Reinosan® tablets,.

Important information on some Reinosan® ingredients:

Reinosan® tablets contain approximately 450 mg. of lactose per tablet.

When using the recommended dosage, the maximum dose per day produces 3.6 g. of lactose. Not appropriate for use by those who suffer from lactase insufficiency, the galactosemia or glucose/galactose malabsorption syndrome. Reinosan® tablets contain, among other things: potassium salts, up to approx. 10 mg. per tablet. Therefore, through the use of the tablets, the increase of urine production does not result in a shortage of these substances. This is contrary to other diuretic drugs. The tablets are gluten free. Hypersensitivity for one of the Reinosan® ingredients could occur. For people with such a hypersensitivity, the use of these tablets is not recommended.

3. How are Reinosan® tablets taken?

Reinosan® tablets have to be taken with sufficient liquid (for example a glass of water). The dosage is 1 or 2 tablets taken one to four times per day, which means a maximum daily dosage of 8 tablets.

4. Does Reinosan® causes side effects?

As with any other drug, Reinosan® may cause side effects. If you experience a side effect which is not described in these instructions or which you believe is serious, please consult your physician or pharmacist.

5. How Reinosan® tablets should be stored?

Keep Reinosan® tablets out of the reach and sight of children. They are to be stored in proper, tight packaging in order to protect the tablets from humidity, and they are not to be stored at a temperature over 25° C.

Expiration date:

Do not use Reinosan® tablets after the date indicated on the packaging has expired.

These instructions have been updated in May 2003.

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