

TEMOE LAWAK SINGER NATURA

Instructions:

Please read these instructions carefully; they contain important information for you. This medicine can be obtained without prescription, for the treatment of mild affections for which a doctor's advice is not requested. It is still important to use Temoe Lawak Singer Natura tablets carefully in order to obtain the proper results.

- Keep these instructions, it might be necessary to refer them again
- Ask your pharmacist for more information or advice if necessary
- See a physician if the symptoms worsen or if they persist after 14 days

Content of the instructions

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Temoe Lawak Singer Natura tablets

- The active ingredients are: the extract of 600 mg. Curcuma aromatica rhizoma, 100 mg. Curcuma xanthorrhiza powder, 30 mg. Rhamnus purshianae cortex powder, per tablet.
- Other ingredients are: 75 mg. sugar (saccharose), 34 mg. corn starch, 200 mg. lactose and 18 mg. talc powder, per tablet.

Registrar:

Singer Natura B.V.
Kattegat 4d
3446 CL WOERDEN

Registered under RVG 08636

1. What is Temoe Lawak Singer Natura and for what purpose is it used?

Temoe Lawak Singer Natura tablets contain the active substances from the Curcuma aromatica root. It belongs to the group of gastro-enteritis drugs which influence the gallbladder functions.
Packaging: 20, 100 and 250 tablets

Temoe Lawak Singer Natura is a vegetable medicine which restores, in a mild and natural way, the balance of the digestive tract, the fat metabolism and it regulates cholesterol. Temoe Lawak Singer Natura stimulates the bile secretion of the liver, favours cleaning of the gall tract, the break down of fats in the intestine as well as the mobility of the intestine, which may result in a mild laxative effect. If no improvement is observed after a certain period of time, or if the symptoms come back often, you should see a physician or ask for professional advice.

Temoe Lawak Singer Natura tablets are indicated for:
Prevention of gallstones;
Infection of the gallbladder because of gallstones;
Infected gall tract;
Disturbed mobility of the gall tract;
Chronic constipation
Insufficient functioning of liver and gall tract;
Digestion disorders, i.e. insufficient gall secretion Post operation treatment of the gall tract.

2. What you ought to know before using Temoe Lawak Singer Natura:

If you are pregnant or breastfeeding and you want to use Temoe Lawak Singer Natura tablets, it is always advisable that you consult your physician first. Without this consultation, the use of Temoe Lawak Singer Natura for pregnant or breastfeeding women is not advised. For children under 12, it is also advised that you consult your physician first. Special attention is always appropriate, because of the laxative effect of the Temoe Lawak Singer Natura tablets.

Important information on some Temoe Lawak® ingredients:
Temoe Lawak® tablets contain approximately 450 mg. of lactose per tablet.

Important information on some Temoe Lawak Singer Natura ingredients:

Temoe Lawak Singer Natura tablets contain approximately 75 of sugar (saccharose). Hence, if you take the daily dosage of 8 tablets, 600 mg. of sugar are ingested.

When using the recommended dosage, the maximum dose per day produces 1.6 g. of lactose. Not appropriate for use by those who suffer from lactase insufficiency, the galactosemia or glucose/galactose malabsorption syndrome. The tablets are gluten free.

Hypersensitivity for one of the Temoe Lawak Singer Natura ingredients could occur. For people with such a hypersensitivity, the use of these tablets is not recommended.

3. How are Temoe Lawak Singer Natura tablets taken?
Temoe Lawak Singer Natura tablets have to be taken with sufficient liquid (for example a glass of water). The dosage is 1 or 2 tablets taken one to four times per day, which means a maximum daily dosage of 8 tablets.

4. Does Temoe Lawak Singer Natura cause side effects?

As with any other drug, Temoe Lawak Singer Natura may cause side effects. If you experience a side effect which is not described in these instructions or which you believe is serious, please consult your physician or pharmacist.

5. How Temoe Lawak Singer Natura tablets should be stored?

Keep Temoe Lawak Singer Natura tablets out of the reach and sight of children. They are to be stored in proper, tight packaging in order to protect the tablets from humidity, and they are not to be stored at a temperature over 25° C.

Expiration date:

Do not use Temoe Lawak Singer Natura tablets after the date indicated on the packaging has expired.

These instructions have been updated in May 2003.

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